



Starting your
Universal Credit claim?
We can help

Citizens Advice

Help to Claim

Free, confidential, impartial assistance available from your
first contact to your first Universal Credit
payment



**citizens
advice**

**Nottingham
& District**

Our service is here to provide support to help you start your claim all the way through until you receive your first payment

We can help you to:

- Check if Universal Credit is right for you
- Set up an email address, bank account, and Universal Credit account
- Fill in your initial application
- Work through your claim to-do list
- Confirm your identity & provide evidence
- Get ready for monthly payments
- Access financial support and other payment options if you are struggling to manage
- Understand your claimant commitment



FACE TO FACE

Parliament Street

Jobcentre Plus: Mon to Fri

Appointments available via the

National Phonenumber at:

Bulwell Jobcentre

Civic Centre Arnold



TELEPHONE

Call us on:

0800 144 8 444

Monday to Friday

8am-6pm

Free from mobile and landline



**Nottingham
& District**